



blue-heron-restaurant.com

715-337-2144

4443 Chain O' Lakes Road  
Eagle River, WI 54521

*We take great pride in preparing fresh homemade entrées because we care about what we are sending your way.* *the chef*



Prime Rib available Saturday Nights!

Weddings for 100 or less • Banquets • Gratuity of 20% added to parties of 10+ • All Entrée's served with a cup of soup or house side salad

**Appetizers**

- NEW BANG BANG SHRIMP** ..... \$9  
Crispy, crunchy shrimp tossed in a sweet and spicy sauce.
- NEW BRUSCHETTA** ..... \$8  
A rustic grilled bread topped with a kalamata olive tapenade, tomatoes, shredded parm, basil and balsamic reduction.
- CHEESE CURDS** ..... \$8  
White cheese curds, breaded and deep fried, served with ranch dressing.
- SPINACH ARTICHOKE DIP** ..... \$8  
Creamy blend of cheeses with spinach and artichokes, topped with melted cheese, served with baked pita chips.
- ROASTED RED PEPPER HUMMUS** ... \$7  
In house blend of chickpeas, roasted red peppers, tahini and olive oil, served with baked pita chips.
- CHICKEN QUESADILLA** ..... \$8  
12" flour tortilla grilled with cheese and shredded chicken, served with salsa and sour cream.
- CALAMARI** ..... \$9  
Lightly breaded and served with cocktail sauce and lemon.
- SOUP OF THE DAY**  
Cup \$2.79 Bowl \$3.59 House Side Salad \$3.00 Dinner Salad \$6.

**Poultry**

- CHICKEN PARMESAN** ..... \$16  
Breaded, boneless chicken breast served with linguine and our homemade marinara.
- ROASTED ROSEMARY-LEMON CHICKEN (GF)** ..... \$17  
1/2 bone in chicken roasted with lemon and rosemary, choice of potato and vegetable.
- CHICKEN ALFREDO** ..... \$15  
Linguine pasta served with Alfredo sauce (cream, fresh garlic, and parmesan cheese).
- CHICKEN TENDER** ..... \$12  
Chicken tenderloins in a golden breading with your choice of potato. Dipping sauce: BBQ, Ranch or Toasted Sesame.

**Pasta**

- BUTTERNUT SQUASH RAVIOLI** .... \$17  
Served with browned butter, sage and shaved parmesan.
- THE HERON** ..... \$16  
Sautéed onion, bacon, peas and tomatoes tossed in a white wine cream reduction served over linguine. Add chicken \$3, Shrimp \$5, Scallops \$7
- PORK BELLY MAC N' CHEESE** .... \$20  
White cheddar mac n' cheese with crispy pork belly, topped with Gouda cheese and onion straws..
- AGLIO PASTA** ..... \$11  
Linguine sautéed with olive oil, garlic and crush red peppers.
- LINGUINE MARINARA** ..... \$15  
Linguine pasta served with our homemade marinara sauce.
- LINGUINE PESTO** ..... \$15  
Linguine pasta, olive oil, fresh garlic, basil, pine nuts and parmesan.
- GLUTEN FREE FUSILLI PASTA** ..... \$16  
Choose your sauce: Marinara, Pesto, Alfredo, or Aglio.

**Surf**

- SEARED SCALLOPS (GF)** ..... \$28  
Seared and served with saffron cream sauce, choice of potato and vegetable
- MAPLE GLAZED SALMON** ..... \$20  
Fresh cut salmon filet, pan seared with homemade maple glaze, choice of potato and vegetable
- WALLEYE** ..... \$22  
Lightly breaded and sautéed with lemon pepper, choice of potato and vegetable.
- GRILLED TUNA\* (GF)** ..... \$21  
Marinated yellow fin tuna steak grilled to your desired temperature, served with an Asian dipping sauce, choice of potato and vegetable.
- SHRIMP** ..... \$24  
Choice of hand-dipped beer-battered & deep fried, or grilled, choice of potato and vegetable.
- NEW BUTTERNUT SHRIMP CURRY** .. \$17  
Wild caught shrimp stewed in a red curry and coconut milk sauce, served over butternut squash noodles.

**Turf**

- RIBEYE\* (GF)** ..... \$29  
Grilled twelve-ounce ribeye, lightly seasoned, choice of potato and vegetable. Add mushrooms or onions \$1.50 each Add a side of Jack Daniels whiskey sauce \$2.
- TENDERLOIN FILET\* (GF)** ..... \$28  
Grilled eight ounce filet, lightly seasoned, choice of potato and vegetable.
- PORK RIBEYE** ..... \$18  
Grilled eight-ounce pork ribeye glazed with homemade Jack Daniels whiskey sauce or encrusted with sundried tomatoes and garlic, choice of potato and vegetable.
- NEW BBQ RIBS** ..... Full 21 / Half 12  
Grilled and lathered in our homemade BBQ sauce.

**Sandwiches**

- EARLY BIRD\*** ..... \$12  
1/2-pound fresh burger, bacon, fried egg and homemade maple aioli.
- WISCONSIN BURGER\*** ..... \$12  
1/2-pound fresh burger, bacon, cheddar & Havarti cheese and roasted garlic aioli.
- PLAIN 'OL BURGER\*** ..... \$11  
1/2-pound burger served with lettuce, tomato, onion, and your choice of cheese. Add mushrooms 50¢. Add bacon \$1.
- CHICKEN PARMESAN SANDWICH** .. \$12  
Breaded boneless chicken breast served with our homemade marinara sauce and mozzarella cheese on a bun.
- VEGETABLE WRAP** ..... \$10  
Flour tortilla with roasted red pepper hummus and your choice of vegetables: lettuce, tomatoes, onions, green peppers, mushrooms, or cucumbers.
- BLUE HERON BURGER\*** ..... \$12  
1/2-pound fresh burger topped with melted blue cheese crumbles and french fried onions.

**Kids Meals** ..... \$5.95

Served with a choice of French Fries, vegetable of the day or house side salad & an ice cream treat (dine in only).

**MINI CORN DOGS • CHICKEN TENDERS  
MAC 'N CHEESE • MINI 1-TOPPING PIZZA**

**Pizza**

- 12-inch: \$10 16-inch: \$14
- Meat Topping:**  
Sausage, Pepperoni, Bacon, Chicken or Anchovies, Mushrooms, Black or Green Olives, Green Pepper, Red Onion, Tomato, Jalapeno's or Artichoke Hearts  
Add \$1.50 per item for 12"  
Add \$2.00 per item for 16"
- Veggie Topping:**  
Mushrooms, Black or Green Olives, Green Pepper, Red Onion, Tomato, Jalapeno's or Artichoke Hearts  
Add \$1.00 per item for 12"  
Add \$1.50 per item for 16"

**Specialty Pizza**

12-inch: \$18 16-inch: \$24

- PESTO CHICKEN** – Chicken, Feta, Tomatoes & Mozzarella
- ALFREDO** – Chicken, Bacon, Garlic, Alfredo & Mozzarella
- DELUXE** – Sausage, Pepperoni, Mushroom, Onion, Green Pepper & Olives
- MEAT LOVERS** – Sausage, Pepperoni, Bacon & Chicken
- VEGGIE** – Tomato, Onion, Olives, Green Pepper & Mushrooms

**Beverage Choice:** milk, chocolate milk, juice or soda

**GF Option:** Grilled, lightly seasoned chicken breast, vegetable, & choice of potato

**Available Dressings:** French, Ranch, Apple Cider Dijon, Balsamic Vinaigrette, Toasted Sesame (fat free), Vinegar & Oil

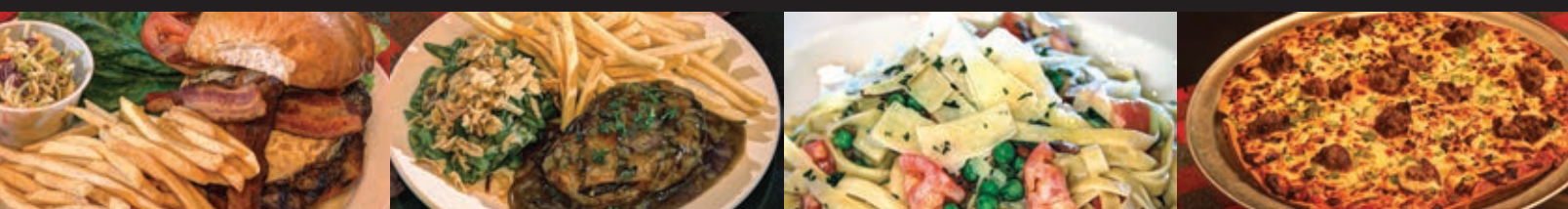
**Friday Night Fish Fry \$12.95**

Deep fried or baked haddock, served with choice of potato, coleslaw, rolls, and a cup of soup

**Northern Pike Fish Fry \$15.95**

2 pieces, deep fried and served with choice of potato, coleslaw, bread, and a cup of soup

Save room for dessert!



\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness.

(GF) Gluten-free